



Community Resource Guide

The purpose of this guide is to provide a basic listing of community resources available to Wahkiakum County residents. If there is an agency or organization that was not included, please contact Wahkiakum Health and Human Services at (360)795-8630 or email

glowackic@co.wahkiakum.wa.us. Your listing will be considered for future updates. Donations proudly accepted. EIN #91-6001377

TABLE OF CONTENTS

Wahkiakum History	. 4
Addiction Services (see Substance Use Disorders)	
Substance Use Disorders	9
Children's Services	
Childcare	. 10
Child Health	
Other Parent Resources	
Churches	
Clothing	
Community Events	
Spring	. 14
Summer	
Fall/Winter	18
Winter	21
Community Groups	22
Domestic Violence/Child/Adult Abuse	
Educational School/Resources	
Schools	27
Resources	28
Emergency Response (Dial 911)	.30
Employment Services/Training	.32
Financial Assistance	
Household	.35
Business	.36
Credit Counseling	.36
Food	
Food Assistance	
Food Banks	
Food Permits	
Funeral Services	38
Government Local	.39
Government National	
Government Washington State	. 42
Health Services	
Dental	
Environmental	
Healthcare	
Mental Health	
Reproductive	
Family Planning	
Suicide Prevention	
Holiday Assistance	52

Housing	52
Legal Services	54
Library	
Multicultural	
Pets/Animal Welfare	57
Recreation	
Wahkiakum Area	58
Astoria Area	61
Longview Area	62
Recycling/ Donation/ Waste Disposal	63
Senior Services	64
Special Needs	
Support Groups	
Bereavement	72
Cancer	73
Drunk Driving Victims	74
Parenting	
Transportation	75
Utilities	78
Veteran Services	79
Youth Activities	79
Wahkiakum Health & Human Services	82



 ${\it Bridge \ over \ the \ Columbia \ to \ Puget \ Island \ from \ Cathlamet}$

WAHKIAKUM COUNTY (wuh-Ki-uh-kuhm), the 3rd smallest county in Washington, was created by the territorial legislature in 1854. The name comes from a Kathlamet Indian village located on the north bank of the Columbia River near the present town of Cathlamet. Chief Wakaiyakam, whose name the village took, is buried in Pioneer Cemetery in Cathlamet. Wahkiakum means "tall timber" in Chinook.



CATHLAMET, county seat of Wahkiakum County, got its name from the Kathlamet Indians, a Chinook tribe. The tribal name comes from the Chinook word "calamet," meaning "stone" and was given to the tribe because they lived along a stretch of rocky river bed. Cathlamet was sighted in 1792 by Lt. W.R. Broughton, while verifying Capt. Robert Gray's reported discovery of the Columbia River. In 1805, the Lewis & Clark Expedition found the Kathlamet and Wahkiakum tribes living here during their Northwest Expedition and they camped at the present day Vista Park in Skamokawa where they traded with the Indians. James Birnie of Hudson Bay Company settled here in 1846 and named the area Birnie's Retreat. The name was later changed to Cathlamet in 1851.



Puget Island, was named in 1792 by Lieutenant Broughton on his exploration of the Columbia River. On October 26, 1792, Broughton sailed passed the island and named it for Lieutenant Peter Puget, the same person Puget Sound, near Seattle, Washington, was named for. This island, which lies across from Cathlamet, Washington, is connected to the mainland by Washington State Highway 409 bridge crossing the Cathlamet Channel. Wahkiakum County has operated a Puget Island to Westport ferry since 1962. The Ferry is the last ferry in existence on the Lower Columbia River.

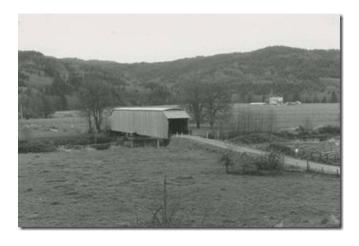


Skamokaw rests on the banks of the Columbia River and on WA 4. The town includes a post office, restaurant, and general store, along with a nearby historical museum and covered bridge. It is a local center for kayaking and fishing. This Washington town is located on the Columbia River at River Mile (RM) 33.5, where Steamboat Slough joins the mouth of the Skamokawa Creek. Skamokawa was founded in 1844. Originally the town was a river community known as "Little Venice", and was visited daily by large stern wheel steamboats running between Portland and Astoria and why many of the homes and businesses were built facing the river. In 1917 that the town was linked by road to the neighboring communities, and in the early 1930s Washington State Highway 4 was finished linking Skamokawa to the rest of the state.

Gray's River



The Grays River Covered Bridge was built in 1905 and covered in 1908. The house in the background is that of H.P. Ahlberg. Mr. Ahlberg was instrumental in getting the bridge built.



The story goes that the reason for covering the bridge is because the horses didn't like crossing the bridge when it was uncovered.

Pictures and content on the covered bridge supplied by Judy Durra.

Other communities in Wahkiakum County include Rosburg, and Deep River.

Population: According to the April 2005 Population Statistics, the Wahkiakum County population is 3,901. Town of Cathlamet population: 565, Elochoman Valley Population: 922, Puget Island population: 798, Skamokawa population: 519, and Grays River/Rosburg/Deep River population: 1,020.





The General Merchandise Store was built and owned by William and Alta Meserve in the late 1890's. Wm. Meserve had general merchandise, post office, barber shop, a two lane bowling alley and a theater in this store.



Wahkiakum Health Department, located behind the court house



Wahkiakum Human Services campus on Elochoman Valley Rd

CHILDREN'S SERVICES

CHILDCARE

CHILD CARE RESOURCE AND REFERRAL OF SW WASHINGTON

2500 NE 65th Avenue, Vancouver, WA 98661

Parents may call (360) 636-9751 Toll-free (800) 446-1114

www.childcare.org

Free referrals to all licensed child care providers in Clark, Cowlitz, Wahkiakum, Skamania and Klickitat Counties.

EARLY CHILDHOOD LEARNING CENTER

Lower Columbia College,

1600 Maple Street, Longview, WA 98632

Phone (360) 442-2890 Fax (360) 442-2829

www.lowercolumbia.edu/childcare

Child care for children 1 month through 6 years for LCC students, staff and faculty.

ST. JAMES FAMILY CENTER

1134 Columbia Street, Cathlamet, WA 98612

Phone (360) 795-8612 Fax (360) 795-6027

www.stjamesfamilycenter.org

Licensed childcare from 6 a.m. to 6 p.m. Ages 12 months through 12 years.

Early Childhood Education & Assistance Child and Family Development programs including **Pre-School**, home visits health developmental screenings, social service referrals, and transportation and parent involvement opportunities.

CHILD HEALTH

WAHKIAKUM COUNTY HEALTH & HUMAN SERVICES

64 Main Street, P.O. Box 696, Cathlamet, WA 98612

Phone (360) 795-6207 Fax (360) 795-6143 Toll Free (888) 452-0326

www.co.wahkiakum.wa.us

Children with Special Health Care Needs Program. RN case management and support for families with children ages birth to 18 who have or are at risk for disabilities, handicapping conditions, chronic illnesses and conditions, health-related educational and behavioral problems.

WOMEN INFANT & CHILDREN (WIC)

64 Main Street, P.O. Box 696, Cathlamet, WA 98612

Phone (360) 795-6207 Fax (360) 795-6143 Toll Free (888) 452-0326

www.co.wahkiakum.wa.us

State sponsored nutrition program for pregnant mothers and children birth to 5 years of age. Services include Immunizations, Maternity Support and Infant Case Management, Women, Infants and Children

ABCD / Dental

Phone (360) 442-2834 Children from 0-6 are eligible with Medicaid.

CHILDREN'S ALLIANCE

718 6th Avenue S., Seattle, WA 98104

Phone (206) 324-0340 FAX (206) 325-6291

seattle@childrens alliance.org http://childrensalliance.org

Public policy advocacy for children and families, publications/brochures available, policy analysis, public education, coalitions, health and anti-hunger projects, summer

food hotline, children's action network, advocacy training. No fees.

GAP (GIVING ACTION PLAN)

Sponsored by Helping Hands/ St. Vincent Depaul Inquire at any Wahkiakum Schools offices.

A supplementary food program for children K through 12.

OTHER PARENT RESOURCES

COMMUNITY CARING PROJECT/ PARENTS PLACE

928 – 23rd Avenue, Longview, WA 98632

Phone (360) 414-9212 Fax (360) 575-8123 Parent support groups, and parenting education.

Warm LINE: 414-9212 – outreach information, hotline.

PROGRESS CENTER

1600 - 3rd Avenue, Longview, WA 98632

Phone (360) 425-9810 Fax (360) 425-1053

www.theprogresscenter.org

Services to children from 0-3, that have a type of disability.

ST. JAMES FAMILY CENTER

1134 Columbia Street, Cathlamet, WA 98612

Phone (360) 795-8612 Fax (360) 795-6027

www.stjamesfamilycenter.org

Programs include play groups (0-5), Parent counseling, and mentoring programs.

Churches

Church of Jesus Christ

35 Messenger Hill Rd, Cathlamet, WA 98612 Phone (360)795-3595

River of Life Assembly

35 Main St., Cathlamet, WA 98612

Phone (360)795-3465

St. Catherine Roman Catholic Church

400 Columbia St., Cathlamet, WA 98612 Phone

(360)795-8725

St. James Episcopal Church

1134 Columbia St., Cathlamet, WA 98612 Phone (360)795-8612

Seventh Day Adventist Church

3 Fernhill Rd., Cathlamet, WA 98612

Phone (360)795-0425

United Church of Christ (Congregational)

3rd Cathlamet, WA 98612

Phone (360)795-3530

Cathlamet Christian Fellowship

503 Washington 409, Cathlamet, WA 98612 Phone (360)849-HOPE

Heritage Bible Church

193 N. Welcome Slough Rd, Cathlamet, WA 98612

Phone (360)849-4433

Our Saviors Lutheran Church

549 Washington 409, Cathlamet, WA 98612

Phone (360)849-4412

United Methodist Church

5 Vista Park Rd. Skamokawa, WA 98647 Phone (360)795-3773

Valley Bible school

4723 Washington 4, Rosburg, WA 98643

CLOTHING

COMMUNITY CLOTHING BANK

3 Fernhill Road, Cathlamet, WA 98612

Phone (360) 795-0425 Or(360) 795-0635

Free clean, used clothing for men, women and children. Open 10-3 Tuesdays; donations of clean clothing and bedding accepted at that time also.

FISH OF COWLITZ COUNTY

P.O. Box 135 Longview, WA 98636

Phone (360) 636-1100 Free clean, used clothing for men, women and children. Open 9-12 and 1-4 Weekdays; donations of clean clothing and bedding accepted at that time also.

COMMUNITY EVENTS

Check the newspaper or Chamber of Commerce for event dates and times. (360) 795-9996

SPRING

Crab & Oyster Feed- Annually the second Saturday in March Held at Norse Hall on Puget Island

Phone (360) 795-9996

Spaghetti Feed- Annually the second Saturday in March Held at Johnson Park in Rosburg

Phone (360) 465-2775

Corned Beef & Cabbage Dinner- Annually the third Saturday

in March

Held at Norse Hall on Puget Island

Phone (360) 795-8759

Easter Bingo Annually the third Friday in March

Held at JA Wendt Multipurpose Room, Elementary School,

Cathlamet, WA

Phone (360) 795-3480 Or (360) 560-0371

Salmon Derby Annually the last weekend in March

Held at the Marina, Cathlamet, WA

Phone (360) 795-9996

Easter Egg Hunt Annually the last Saturday in March Held at Vista Park, Skamokawa, WA

Rosburg Club Chicken Dinner - Annually the third Sunday in

April Held at Rosburg Hall in Rosburg, WA

Phone (360) 465-2919

Lambing School Annually in April

Phone (360) 795-3278

Traditional English Tea & Plant Sale Annually the third Saturday in April

Held at St. James Episcopal Church. 1134 Columbia St.,

Cathlamet, WA

Phone (360) 849-4181

Two Islands Farmers Market - May 1- Oct. 31, Fridays

Held on Puget Island in Cathlamet, WA

Phone (360) 849-4145

Sons of Norway Spring Tea- Annually the first Sunday in

May

Held at the Norse Hall on Puget Island

Phone (360) 465-2740

Bake/Book/Plant Sale & Soup Lunch Annually the third

Saturday in May

Held at Johnson Park, Rosburg, WA

Phone (360) 465-2775

The Annual Great White - Run or Walk Annually the third

Saturday in May

Held at JBH Wildlife Refuge in Skamokawa, WA

Phone (360) 465-2275

American Legion breakfast Annually the fourth Saturday in

Held at Deep River Hall, Deep River, WA

Phone (360) 465-2551

Armed Forces Day, Pancake Breakfast Annually the fourth

Sunday in May

Held at Deep River Legion Hall, Deep River, WA

Phone (360) 465-2740

SUMMER

Rods & Reels Car Show Annually the first Saturday in June Held at Wahkiakum Fairgrounds in Skamokawa, WA

Phone (360) 430-4377

Puget Island Garage & Yard Sale Annually the last weekend

in June (3 day event)

Held on Puget Island in Cathlamet, WA

Phone (360) 849-4253

Smokey Water Follies - Entertainment Annually the last

weekend in June (3 day event)

Held at Skamokawa Grange in Skamokawa, WA

Phone (360) 795-8770

Kiwanis Golf Tournament- Annually the second Saturday in

July

Held at the Skyline Golf Course, Cathlamet, WA

Phone (360) 795-8052

Community Potluck Picnic Annually the third Sunday in July

Held at the Rosburg School, Rosburg, WA

Phone (360) 465-2775.

Vista Vendor Market Annually the last Saturday in July Held at Vista Park, Skamokawa, WA



BALD EAGLE DAYS

Annually the third weekend in July Held on Main Street in Cathlamet, WA Phone (360) 795-9996 E-mail: wchamber@cni.net

Events include:

Bald Eagle Run - Walk Challenge

Kiwanis Club Breakfast Fireworks Display Wooden Boat Show

Ralph Rodahl Golf Memorial Scramble

WHS Mule Trail All School Reunion Annually the first

Sunday in August

Held at Wahkiakum High School Gym

E-mail: sjmcq1@yahoo.com

Art Auction Annually the second Saturday in August Held at the Appelo Archives Center, Naselle, WA

Phone (360) 484-7103

Women's Club Tour of Homes Annually the second

Saturday in August

Phone (360) 849-0006

Wahkiakum County Fair at Fairgrounds Annually the third

weekend in August

Held at the fairgrounds in Skamokawa, WA Phone (360) 795-3480 Or (360) 560-0371

Cathlamet Downhill Corral Longboard Races Annually the

fourth weekend in August

Held in downtown Cathlamet, WA

Phone (360) 795-9996

Email: wchamber@cni.net

Website: www.cathlametcorral.com

Swap Meet Annually the last weekend in August Held at the Appelo Archives Center, Naselle, WA

Phone (360) 484-7103

Buzzards Breath Chili Cook-Off Annually the last Saturday in August Held at Elochoman Marina in Cathlamet, WA

Phone (360) 795-9996

E-mail: wchamber@cni.net

FALL/WINTER

Wine Tasting & Silent Auction Annually the second Saturday in September

in September

Held at Wahkiakum Fairgrounds in Skamokawa, WA

Phone (360) 795-8031

Oktoberfest & Punkin Chunkin Annually the first Friday in

October

Held at Two Islands Farm Market, Puget Island

Phone (360) 795-9996

E-mail: wchamber@cni.net

Columbia River Country Days Annually the first weekend in

October (3 day event)

Held in Wahkiakum County, WA

Phone (360) 795-3278



Covered Bridge Dinner Annually the first Friday in October (2 day event)

Held in Wahkiakum County, WA

Phone (360) 795-3278

Built over 100 years ago and still in use is Washington's last covered bridge. Closed to vehicles and lamp-lit for guests to enjoy a wonder filled evening of dining.

October Fest Dinner Annually the second Saturday in October

Held at the Grays River Valley Center, Grays River, WA Phone (360) 465-2775.

Neewollah Daze Annually the last day of October

Held on Main Street and Bank of the Pacific in Cathlamet, WA

Phone (360) 795-9996

E-mail: wchamber@cni.net

Annual "All Hallows Eve" Annually the last day of October Held at Johnson Park/Grays River Valley Ctr, Rosburg, WA Phone (360) 465-2775

Annual Living Well in Wahkiakum County Event

Holiday Bazaar Day Annually the first Saturday in November Held at Rosburg Community Hall in Rosburg, WA Phone (360) 484-7723

American Legion Breakfast Annually the second Saturday in November

Held at Deep River Hall, Deep River, WA Phone (360) 465-2215

Turkey Bingo Annually the fourth Friday of November Held at JA Wendt Multipurpose Room, Cathlamet, WA Phone (360) 795-3480

Holiday Bazaar Annually the third weekend in November (2 day event)

Held at St. James Family Center in Cathlamet, WA

Phone (360) 849-4181 Or (360) 795-3332.

Christmas Lighting Festival & Festival of Trees Annually the fourth Saturday in November

Held on Main Street in Cathlamet, WA

Phone (360) 795-9996

E-mail: wchamber@cni.net

Kids Christmas Party Annually the first Sunday in December Held at Norse Hall on Puget Island

Phone (360) 795-8759

Holiday Community Dinner Annually the second Saturday in December

Held at the Skamokawa Grange, Skamokawa, WA

Holiday Open House Annually the first and second weekend in December (both are 4 day events)

Held at Redmen Hall in Skamokawa, WA Phone (360) 795-3007

Holiday Tour of Homes / Old Time Christmas

Celebration Annually in December

Held at Deep River Church and Naselle, WA Phone (360) 465-2234

<u>WINTER</u>

Soup Dinner Annually the third Sunday in January Held at Johnson Park in Rosburg, WA Phone (360) 465-2331

Valentine Diamond Dinner Annually the second Saturday in February

Held at the Skamokawa Grange Hall, Skamokawa, WA Phone (360) 795-3434

Women's Club Pie Social – Annually the third Friday of February

Held at the Tsuga Gallery, Cathlamet, WA Phone (360) 849-0006

Stew Luncheon, Bazaar, Bake Sale Annually the fourth Saturday in February Held at United Methodist Church, Grays River, WA

Phone (360) 465-2740

Friends of Skamokawa Antique Sale Annually the first

weekend in March (4 day event)

Held at Redmen Hall. Skamokawa, WA

Phone (360) 795-3007

Golf Season Kick-off Scramble Annually in February

Held at Skyline Golf Course, Cathlamet, WA Phone (360) 795-8785

COMMUNITY GROUPS

CATHLAMET KIWANIS CLUB

P.O. Box 515, Cathlamet, WA 98612

Phone (360) 849-4340

www.kiwanis.org

Serving children and the community with a number of different services. Membership open to anyone over 18.

CATHLAMET WOMAN'S CLUB

PO Box 526, Cathlamet, WA 98612

Phone (360) 849-4328 or

(360) 795-0112

Year-round fundraising for community improvements and special projects. Membership open to all women in the county.

GRAYS RIVER GRANGE

P.O. Box 124, Grays River, WA 98621

Phone (360) 465-2268 or

(360) 465-2514

Call for Grange meeting times. Facility and kitchen available to rent for meetings, receptions, etc. No fee for public meetings for community benefit.

GRAYS RIVER VALLEY/ JOHNSON PARK FACILITY

(Old Rosburg School) Rosburg, WA 98643

Phone (360) 465-2310

Open Tuesday- Saturday noon -5pm unless otherwise scheduled. Call or check location calendar for available times for the following:

Library / Computer Lab

Health & Human Services Community Outreach & WIC

Sheriff's Department Emergency Services

Sheriff's Department Sub-station

TOPS Meetings

Aerobics Classes

Free Movie Night on Friday

Sewing Group

PIONEER CHURCH ASSOCIATION

P.O. Box 24, Cathlamet, WA 98612

Phone (360) 849-4328 or

(360) 795-3568

www.wahkiakumchamber.com

Historical restoration association with the stated goal of restoring the Pioneer Church as a performing arts center. Performance hall available for rent for weddings, memorial services, private performances, etc. Seats 100, handicap accessible. Church basement also available.

ROSBURG COMMUNITY CLUB

Phone (360) 465-2251

Fundraising activities to support upkeep and maintenance of the Rosburg Hall, which is used by the community for social events. Membership is open to all interested local residents. .

ROSBURG HALL

28 Rosburg Community Hall Rd., Rosburg, WA 98643

Phone (360) 465-2234 Or (360) 465-2691

Large community facility available for receptions and gatherings including weddings, family reunions, graduation and funeral receptions. Certificated kitchen, ample parking, restrooms; handicap accessible. Located 1,000 feet off SR 4 on Altoona-Pillar Rock Rd.

VOLUNTEER CHORE

2551 Colorado St, Longview WA 98632

Phone (360) 577-2200 Toll Free (888) 649-6734

Helping low-income elderly and disabled with transportation, housework, yard care, shopping, and minor home repairs etc.

WAHKIAKUM CHAMBER OF COMMERCE

Phone (360) 795-9996

www.wahkiakumchamber.com

The Chamber is a service organization for the business community and sponsors various community events. "Working to Encourage, Promote and Preserve the Economic Wellbeing and Quality of Life for business in Wahkiakum County."

WAHKIAKUM COMMUNITY NETWORK

PO Box 629, Cathlamet, WA 98612

Phone (360) 795-8040

www.wahkiakumcommunitynetwork.org

A local coalition of volunteers and service providers representing local schools, local and state social and health services, employment, law enforcement, private youth services, faith community, regional government, state government, parents, youth and a multitude of other sectors comprising Wahkiakum County. Their mission is to improve the lives of children and families living in Wahkiakum County through policy change, supporting direct services and connecting families with resources and services available in Wahkiakum County.

WAHKIAKUM COUNTY FAIR

16 Fairgrounds Road, Skamokawa, WA 98647 Phone (360) 795-3480

www.co.wahkiakum.wa.us

Annual community event every August featuring fair entries in all categories such as 4-H, FFA, agricultural; floral, baking, arts and crafts, sewing; open class youth, adult and seniors; farm animals and exotics; commercial booths; also entertainment, food booths, etc.

WAHKIAKUM LIONS CLUB

Phone (360) 795-3337

www.lionsclubs.org/

Community programs including annual Walk-n-Knock food drive for local food banks. Children's Easter egg hunt. Scholarships for graduating seniors. Multiple District #19 operates a free mobile medical van for screening of vision and glaucoma, hearing, blood pressure and diabetes; walk-ins welcome. Medical equipment to lend out including wheelchairs, crutches, nebulizers, etc. Call for information on membership and/or services.

DOMESTIC VIOLENCE/ ABUSE

CHILD AND ADULT ABUSE

THE CHARLOTTE HOUSE DOMESTIC VIOLENCE SHELTER AND ADVOCATES

PO Box 642, Cathlamet, WA 98612

Phone (360) 795-6401 Fax (360) 795-0806 24-Hour Hotline (360) 795-6400 Toll free (866) 795-9381

www.stjamesfamilycenter.org/

The Charlotte House provides shelter for women and children who are victims of domestic violence. Clients may self-refer or be referred by agencies. Legal, medical, and social service advocacy for all domestic violence victims, both in the shelter and in the community. 24-hour domestic violence hotline staffed by domestic violence advocates on call for crisis intervention. Information and referral.

THE CHARLOTTE HOUSE SEXUAL ASSAULT SERVICES

PO Box 642, Cathlamet, WA 98612

Phone (360) 795-6401 Fax (360) 795-0806 24-Hr. Hotline (360) 795-6400

www.stjamesfamilycenter.org/

Twenty-four hour response to requests for information or assistance related to sexual abuse/assault. Crisis intervention, medical advocacy, legal advocacy and therapy

available for present and past victims of sexual assault/abuse. Prevention and education can be provided to agencies and community members. Services men, women and children; clients may self-refer or be referred by agencies.

CHILD PROTECTIVE SERVICES (CPS) DIVISION OF CHILDREN AND FAMILY SERVICES

711 Vine Street, Kelso, WA 98626

To Report Child Abuse and Main desk (360) 501-2600 Fax (360) 577-2382 CRISIS LINE: (24 hours) (360) 501-2600 or (800) 281-2372

www.dshs.wa.gov/

CPS works to protect children from abuse and/or neglect while preserving the family's integrity and cultural and ethnic identity, consistent with the children's safety and permanency needs. Referred families are assigned to a CPS social worker for varied support services. Consultation and information to persons wanting to discuss potential referrals. CPS is available 24 hours.

<u>Family reconciliation services (frs)</u>: For families in conflict or with runaway children. Designed to develop skills and supports.

<u>Child welfare services (cws):</u> Rehabilitation in identified problem areas and reconciliation of children with their families in the event of a dependency action, out-of-home placement services, adoption of legally free children, recruitment/retention of licensed foster homes, and coordination of services with other social agencies within the community.

CRISIS SUPPORT NETWORK

762 Ballentine St., Raymond WA 98577

Phone (800)-HELP-CSN or

(800) 435-7276) or (360) 875-6702

Fax (360) 875-6701

<u>crisis-support.org</u>Advocacy work with victims of sexual assault and domestic violence. Sexual assault services for Wahkiakum and Pacific County residents. No fees.

EDUCATIONAL

SCHOOLS/RESOURCES

SCHOOLS

J. A. WENDT ELEMENTARY/ JOHN C. THOMAS MIDDLE SCHOOL

265/ 275 s. 3RD St., Cathlamet, WA 98612

Phone (360) 795-3261

WAHKIAKUM HIGH SCHOOL

500 S. 3rd St Cathlamet, WA 98612

Phone (360) 795-3271 Fax (360) 795-0545

WAHKIAKUM SCHOOL DISTRICT #200

PO Box 398, Cathlamet WA 98612

Phone Superintendents Office (360) 795-3971

www.wahksd.k12.wa.us

NASELLE-GRAYS RIVER VALLEY SCHOOL DISTRICT

793 State Route 4, Naselle, WA 98638

Phone (360) 484-7123

NASELLE-GRAYS RIVER K-12 SCHOOL

793 State Route 4, Naselle, WA 98638

Phone (360) 484-7121

www.esd112.org

LOWER COLUMBIA COLLEGE

1600 Maple Street; P.O. Box 3010; Longview, WA 98632

www.lowercolumbia.edu

General phone numbers

Admissions/Registration (360)442-2370Career/Employment (360)442-2330 Advising/Entry Center (360)442-2311 or Toll-Free (866)900-2311 Campus Directory (360)425-5931 Counseling Services (360)442-2330 Financial Aid (360)442-2390 General Information (360)442-2000

ADULT BASIC EDUCATION, GED and ESL CLASSES

Phone (360) 442-2580 Fax (360) 442-2589

Adult basic education and GED preparation are available to anyone 16 years or older needing to review or learn basic skills. 19 or under must have high school release.

SPECIAL SERVICES/SPECIAL POPULATIONS

Phone (360) 442-2340

DISABILITY SUPPORT SERVICES maintain L & I contracts and assist students with registering for classes; provide accommodations for disabled students attending LCC. Nontraditional jobs program.

CLATSOP COMMUNITY COLLEGE

1653 Jerome, Astoria, OR 97013

Phone (503) 325-0910 Toll Free (866)-CLATSOP

www.clatsopcollege.com

Programs and classes range from academic (two-year programs) to vocational (one-year certificate programs) to community education, distance and online education, adult basic education, GED, and cooperative work experience.

RESOURCES

AMERICAN RED CROSS

Southwest Washington Chapter 3114 E. Fourth Plain Blvd. Vancouver, WA 98661

Phone (888) 434-1966

www.swwashington.redcross.org

Health and Safety Classes include adult, infant and child cardiopulmonary resuscitation (CPR); first aid; HIV/AIDS and preventing disease transmission; pet first aid; babysitting and advanced babysitting. Watch local paper for schedules or call the American Red Cross.

GRAYS RIVER VALLEY COMPUTER CENTER JOHNSON PARK FACILITY

(Old Rosburg School) Rosburg, WA 98643

Phone (360) 465-2310

Opportunity for anyone who wants to gain knowledge about computers using complete tutorials. Open Tuesdays and Thursdays from 1 p.m. to 5 p.m. Homeschoolers welcome; call for special hours.

WASHINGTON STATE MIGRANT EDUCATION PROGRAM

Wahkiakum School District #200

P.O. Box 398, Cathlamet, WA 98612

Phone (360) 795-3271 Fax (360) 795-0545

www.governor.wa.gov/oeo/education/migrant.asp

Programs for students up to age 21 who have moved on their own or with their parents within the past three years to seek or obtain temporary or seasonal work. Tutoring, credit recovery, breakfast, lunch, and physical examinations are all free to migrant education students. Scholarship opportunities.

WASHINGTON STATE UNIVERSITY EXTENSION

25 River Street Suite E, Cathlamet, WA 98612 Phone (360) 795-3278

wahkiakum.wsu.edu

Information and education on agriculture, forestry, home horticulture, parenting, child and youth development, budgeting, food safety, nutrition education for low income, food preparation and preservation, elder care, gardening, community development; and diversity. Free or low cost.

EMERGENCY RESPONSE

EMERGENCIES:

Fire, First Aid, Sheriff

Dial 9-1-1

AMERICAN RED CROSS

Southwest Washington Chapter 3114 E. Fourth Plain Blvd. Vancouver, WA 98661

Phone (888) 434-1966

www.swwashington.redcross.org

24-hour disaster relief. Food, shelter, cleanup, first aid, blood services, health care. Will open shelters and provide food in the event of a wide-scale disaster. Contact Sheriff's Office by dialing 9-1-1 or call 1 800 434-1966.

CRIME VICTIM ADVOCACY PROGRAM

P.O. Box 877, Kelso, WA 98626

Phone (360) 425-1176 24-hour crisis line (888) 425-1176

www.ocva.wa.gov

Free and confidential services to victims of a crime. Victim advocates work to promote the restoration of a crime victim's sense of safety, dignity and personal power.

SUICIDE NATIONAL HOTLINES

Phone (800) 273-TALK Or (800) 273-8255 Toll-Free. Available 24 hours/ 7 days a week. www.suicidepreventionlifeline.org/

SUICIDE YOUTH PREVENTION PROGRAM

Phone (800) 273-TALK

www.yspp.org

The Youth Suicide Prevention Program seeks to reduce suicide attempts and deaths among Washington State youth by building public awareness, offering training, and supporting communities taking action.

WAHKIAKUM COUNTY EMERGENCY INFORMATION LINE

64 Main St., Cathlamet WA 98612

Phone (360) 795-3911 Toll Free (877) 795-3910

Weather advisories, travel alerts and road condition information from the National Weather Service and Wahkiakum County Sheriff's Office. Updated as new information becomes available.

WAHKIAKUM COUNTY HEALTH AND HUMAN SERVICES

42 Elochoman Valley Road, Cathlamet, WA 98612

Phone (360) 795-8630
Toll-free (800) 635-5989
Fax (360) 795-6224

www.co.wahkiakum.wa.us

24-hour emergency and in crisis services.

WASHINGTON POISON CENTER

155 NE 100th Street, Suite 100, Seattle, WA 98125 Phone (800) 222-1222 TTY and Language Line (800) 222-1222

www.wapc.org

The Washington Poison Center (WAPC)/National Poison Help Line provides immediate, free and expert treatment advice and assistance over the telephone in case of exposure to poisonous, hazardous or toxic substances. Pharmacists, nurses and poison information providers answer the phones. Toll Free 24 hours a day, 7 days a week, 365 days a year.

ST JOHNS MEDICAL CENTER

1615 Delaware St., Longview, WA 98632

Phone (360) 414-2000 Toll Free (800) 438-7562

COLUMBIA MEMORIAL HOSPITAL

2111 Exchange St, Astoria, OR

Phone (503) 325-4321

KAISER PERMANETE

1230 7th Ave, Longview, WA 98632

Phone (360)636-2400 Toll Free (800) 257-0001

www.kaiserpermanete.org

WASHINGTON STATE DISASTER OUTREACH SVC

Phone (800) 850-8775

www.dshs.wa.gov/disasteroutreachservices

EMPLOYMENT SERVICES/ TRAINING

WAHKIAKUM COUNTY HEALTH AND HUMAN SERVICES

42 Elochoman Valley Road, Cathlamet, WA 98612 Phone (360) 795-8630 Fax (360) 795-6224

www.co.wahkiakum.wa.us

Elochoman Valley Partners, LLC: A limited liability corporation, formed in partnership between clients of Wahkiakum Health & Human Services. The company was formed to create job opportunities for community members. Supported Employment: Services aimed at encouraging individuals to seek and hold work. These services include assessment of job necessary skills, career and employment explorations, on-the-job training, job development and placement, iob coaching and support.

WorkSource Self-Service Job Search Computer Access: Check out job listings posted online by Employment Security.

ADC-PATHWAYS TO EMPLOYMENT

1024 Broadway, Longview, WA 98632

Phone (360) 423-2640 Fax (360) 423-5447

Email: <u>info@adcpathways.org</u> Job training and placement services for people with disabilities and/or economically disadvantaged; WorkFirst participant. Fees through DDD and DVR contracts.

AMERICORPS

1514 Commerce Ave., Longview, WA 98632

Phone (360) 577-9093 Fax (360) 577-9137

AmeriCorps is a service program for adults of all ages and backgrounds, helping national and community nonprofit organizations, faith-based groups, schools and local agencies

meet local needs in education, the environment, public safety, homeland security and other critical areas. Members may receive a living allowance and other benefits while serving. Upon successful completion of services, members receive an education award from the National Service Trust.

APPLIED INDUSTRIES, INC.

1120 Third Avenue, Longview, WA 98632

Phone (360) 425-6404 Fax (360) 425-6405

www.applied.com/

Training and employment for developmentally disabled workers. Assessment and training conducted in a real work setting using real work. Facility has an integrated work environment. For referrals to this program, contact Applied Industries directly.

COWLITZ INDIAN TRIBE REHABILITATION PROGRAM

1055 9th Ave, Longview, WA 98632

Phone (360) 575-3318

Job search for Native Americans with disabilities. Job search training, OJT services provided.

GOODWILL/ LONGVIEW VOCATIONS UNLIMITED

Headquartered in Tacoma, operating in 15 counties including Cowlitz

1030 15th Avenue, Longview, WA 98632

Phone: TTY/Voice (360) 425-6929 FAX (360) 423-6257

website: www.tacomagoodwill.org

Independent supported employment vocational development services: Pre-employment screening, job search, interview skills, job placement and retention services, community-based assessment, resume and application preparation assistance. Computer lab with various adapted equipment. Contact for the WE-A-Youth program.

Vocations Unlimited, a Division of Goodwill Industries:

On-the-job clerical, computer and cashier training, simulated work evaluations and job accommodation resources.

Deaf/hard of hearing: Vocational counseling and assessment, employer information and referral; on-site staff who sign ASL; computers and clerical training, job retention, community service job placement.

Partners with Industries: Custodial training, computer and clerical training, retail skills training and office skills training.

JOB CORPS

www.jobcorps.org

Job Corps Center Tongue Point, Astoria OR

Phone (503) 325-2131

Job Corps is a comprehensive residential, education and job training program for at-risk youth, ages 16 through 24.

Assistance with integrated academic, vocational, and social skills training needed to gain independence and obtain quality, long-term jobs, or to further their education.

LOWER COLUMBIA CAP

1526 Commerce Avenue, Longview, WA 98632 Phone (360) 425-3430 Fax (360) 425-6657 Toll Free (800) 383-2101

www.lccac.org/

WorkSource partner. Assisting job seekers with self-directed job search, resume writing, interviewing skills/effective communication with potential employers, ways of gaining work experience.

LOWER COLUMBIA COLLEGE CAREER & EMPLOYMENT

1600 Maple Longview, WA 98632

Phone (360) 442-2311

Career search software; resume development; labor market information; part time and full time job listings.

WASHINGTON STATE DEPARTMENT OF VOCATIONAL REHABILITATION

711 Vine Street, Kelso, WA 98626

Phone (360) 501-2499 Fax (360) 578-4174

www.dshs.wa.gov/dvr/

Vocational assessment, counseling, guidance, independent living, physical or mental restoration, rehabilitation technology, training, job placement and retention services to people with mental, physical or emotional disabilities.

WORKSOURCE COWLITZ/WAHKIAKUM

305 S. Pacific Avenue, Ste. A, Kelso, WA 98626 Phone (360) 577-2250 Fax (360) 577-2039

https://fortress.wa.gov/esd/worksource/

WorkSource services include self-directed efforts to job seekers such as kiosks or via the Internet. Workshops on how to get and keep a job and one on one consultations. Referrals to training programs; job referrals and placements. Free use of computers, copiers, phones, faxes and Internet. Access to Unemployment Insurance. Translation services.

FINANCIAL ASSISTANCE

<u>HOUSEHOLD</u>

COMMUNITY OUTREACH WAHKIAKUM COUNTY HEALTH AND HUMAN SERVICES

42 Elochoman Valley Road, Cathlamet, WA 98612
Phone (360) 795-8630
Toll-free (800) 635-5989
Fax (360) 795-0129

Information and Referral and Emergency Assistance:

Rent/Utilities; Emergency shelter and Transitional Housing Programs; State Cash/Food/Medical Applications; Emergency Vouchers; Furniture Linkups, etc.

ENERGY AND WEATHERIZATION

LOWER COLUMBIA COMMUNITY ACTION PROGRAM (CAP) 1526 Commerce Avenue, Longview, WA 98632 Phone (360) 425-3430

Fax (360) 425-6657 Toll Free (800) 383-2101 Energy assistance to low-income persons needing help paying winter heating costs for oil, electricity, propane, wood or wood pellets, coal or natural gas. Extension 231.

Weatherization assistance is available to low-income families to improve energy efficiency by installing insulation, weather-stripping, storm and replacement windows and caulking. Self-help housing programs for low-income families willing to invest sweat-equity by constructing their own homes under the supervision of LCCAC staff. Extension 223.

FISH FINANCIAL ASSISTANCE

P.O. Box 135, Longview, WA 98632

Phone (360) 636-1100

Emergency food and clothing assistance, utility bills, work clothes, work boots, prescriptions and some dental assistance to needy Wahkiakum and Cowlitz County residents.

BUSINESS ASSISTANCE

ECONOMIC DEVELOPMENT COUNCIL (LCEDC)

102 Main Street, Ste. 203, Cathlamet, WA 98612 Phone (360) 795-9996 Fax (360) 795-3944

Business assistance including information on starting a business; county marketing; business recruitment; Washington State visitor information center.

CREDIT COUNSELING SERVICES

CLEAR POINT FINANCIAL SOLUTIONS

Phone 1 877 422-9040

www.clearpointfinancialsolutions.org.

FOOD

FOOD ASSISTANCE

BASIC FOOD APPLICATION ASSISTANCE ("FOOD STAMPS")

WAHKIAKUM CO. HEALTH & HUMAN SERVICES,

42 Elochoman Valley Road, Cathlamet, WA

Phone (360)795-8630 Toll Free (800) 635-5989

www.co.wahkiakum.wa.us

WOMEN INFANT & CHILDREN (WIC)

64 Main Street, P.O. Box 696, Cathlamet, WA 98612

Phone (360) 795-6207 Fax (360) 795-6143 Toll Free (888) 452-0326

www.co.wahkiakum.wa.us

State sponsored nutrition program for pregnant mothers and children birth to 5 years of age. Services include Immunizations, Maternity Support and Infant Case Management, Women, Infants and Children

FOOD BANKS

HELPING HAND FOOD RESOURCE CENTER

3 Fernhill St., PO Box 12, Cathlamet, WA 98612 Phone

Food distribution hours Tuesdays from 10am to 3pm.

ST CATHERINE / ST VINCENT DE PAUL

Columbia St., Cathlamet, WA 98612

Phone Tom Garstki (360) 957-5676

Food distribution hours

1st & 3rd Wednesday of each month 9 to Noon.

CAP Commodity Distribution on the 3rd Wednesday. For more information on commodities call

Phone (360) 425-3430 Ex 283

WAHKIAKUM FOOD BANK

42 Elochoman Valley Road, Cathlamet, WA 98612
Phone (360) 795-3553
Or (360) 795-8630
Food distribution hours Tuesdays from 3am to 5pm.

WEST SIDE FOOD PANTRY

32 School House Rd, Rosburg, WA 98643 PO box 55 Rosburg, WA 98643. Located in the old Rosburg School at Johnson Park.

Phone (360)465-2722 Or (360)465-2321 Food distribution hours Tuesdays from 1am to 5pm.

FOOD PERMTS

WAHKIAKUM COUNTY HEALTH AND HUMAN SERVICES

64 Main Street, Cathlamet, WA 98612

Phone (360) 795-6207 Fax (360) 795-6143 Toll Free: (888)452-0326

Offering food handlers permits, food permits for permanent business and temporary food events.

FUNERAL SERVICES

DOWLING FUNERAL HOME

45 Broadway, Cathlamet, WA 98612

Phone (360) 795-3591 Fax (360) 795-0335

COLUMBIA FUNERAL SERVICE

1105 Maple St., Longview, WA 98632

Phone (360) 636-4211 Fax (360) 636-0065

STEELE CHAPEL, LONGVIEW MEMORIAL PARK

5050 Mount Solo Road, Longview, WA 98632 Phone (360) 423-3880 Fax *(360) 423-3055

GOVERNMENT LOCAL

WAHKIAKUM COUNTY OFFICES

Assessor	(360)795-3791
Auditor (marriage, vehicle licenses)	(360)795-3219
Building Permits	(360)795-3067
Clerk (passports)	(360)795-3558
Commissioner	(360)795-8048
County Dump K-M Hill, Grays River	(360)465-2615
Courthouse(toll-free from Westend)	(360)465-2654
District Court	(360)795-3461
Emergency Management	(360)795-3242
Fair (Skamokawa Fairgrounds)	(360)795-3480
Health Department	(360)795-6207
Human Services	(360)795-8630
Noxious Weed Control	(360)795-3852
Prosecuting Attorney	(360)795-3652
Public Works	(360)795-3301
Road Shop: Cathlamet	(360)795-3251
Road Shop: Rosburg	(360)465-2241
Superior Court	(360)795-3558
Timberlands Regional Support Network	(360)795-3118
Treasurer	(360)795-8005
Wahkiakum on the Move	(360)795-3101
WSU Cooperative Extension	(360)795-3278



SHERIFF: EMERGENCY Dial 911

Business calls to Sheriff's Office (360)795-3242 Westend (360)465-2202 Emergency Information Line (recording) (360)795-3911 Toll-free from Westend (877)795-3910

www.co.wahkiakum.wa.us

TOWN OF CATHLAMET

100 Main St., PO Box 68, Cathlamet, WA 98612 Phone (360) 795-3203 Fax (360) 795-8500

www.cwcog.org/cathlamet.htm

WAHKIAKUM COUNTY HEALTH & HUMAN SVC. Caring and Working Toward a Healthier Community Health Department

64 Main St., Cathlamet, WA 98612

Phone (360) 795-6207 Toll Free (888) 452-0326

After Hours Public Health Emergencies: 360-795-6207 Immunizations, Public Health Nursing, Biological Water Testing, HIV/AIDS Program, Environmental Health, Food Program, Vital Records, Septic Permits

Human Services

42 Elochoman Valley Road, Cathlamet, WA 98612 Phone (360) 795-8630 Toll Free (800) 635-5989

Community Outreach, Developmental Disabilities, Domestic Violence, Emergency housing, Food/ clothing assistance and referral, DSHS application assistance, Mental Health, Housing / rental assistance, Referrals to other community agencies, Substance Use Disorder (Chemical Dependency), Utility assistance,

VITAL RECORDS

WAHKIAKUM COUNTY HEALTH AND HUMAN SERVICES

64 Main Street, Cathlamet, WA 98612

Phone (360) 795-6207 Fax (360) 795-6143 Toll Free: (888) 452-0326

www.vitalchek.com

Birth Certificates: Certified copies of a Washington Birth Certificate, \$20.00 each. While you wait: Certified copies of Washington birth certificates from 1921 to present. Before 1921, call 1-360-236-4300. For information on ordering out-of-state birth certificates, call 1 800-255-2414.

Wahkiakum County Death Certificates, For Washington death certificates outside of Wahkiakum County, call 1 360 236-4300. For death certificates outside of Washington State, call VitalChek 1 800 255-2414.

GOVERNMENT NATIONAL

INTERNAL REVENUE SERVICE

Order Tax Forms (800) 829-3676

Download Tax Forms Online www.irs.gov

Tax Information/Problem Resolution Office

Phone (800) 829-1040
Teletax Recorded Information and Automated Refund
Information (800) 829-4477
TDD (Hearing Impaired) (800) 829-4059

POST OFFICES

Cathlamet (360) 795-3619

30 River St, Cathlamet

Rosburg (360) 465-2418

4182 State Route 4 West Rosburg

Skamokawa (360) 795-8731

1391 West State Route 4 Skamokawa

www.usps.com/

SOCIAL SECURITY/ MEDICARE

1145 - 14th Avenue, Longview

Phone (866) 495-0044 General Information (800) 772-1213

www.ssa.gov

U.S. DEPARTMENT OF VETERAN'S AFFAIRS

Benefit Information and Assistance

Phone (800) 827-1000

www.va.gov

GOVERNMENT WASHINGTON STATE

CHILD SUPPORT DIVISION

Automated: Vancouver Office 1 800 345-9984 or Olympia Office 1 800 468-7422

www.dshs.wa.gov/dcs

DRIVER LICENSING

214 S., Kelso Drive, Kelso

Recorded information (360) 577-2235 or (360) 577-2236 Driver License information www.dol.wa.gov

EMPLOYMENT SECURITY

Apply for Unemployment Insurance Benefits

Phone 1 800 318-6022

www.go2ui.com

FISH HATCHERIES

Elochoman Salmon Hatchery

Phone (360) 795-3608

Grays River Hatchery

Phone (360) 465-2446

access.wa.gov

FISH AND WILDLIFE DEPARTMENT

Julia Butler Hansen Refuge for the White-tailed Deer Phone (360) 795-3915

wdfw.wa.gov

FOSTER CARE LICENSING, INFORMATION, COMPLAINTS

Phone (360) 501-2600

www.dshs.wa.gov/

INSURANCE COMMISSIONER

Insurance Complaints and Inquiries, Consumer Division

Phone (800) 562-6900

www.insurance.wa.gov/

LABOR AND INDUSTRIES

900 Ocean Beach Highway, Longview, WA 98632 Phone (360) 575-6900 Fax (360) 575-6918

www.lni.wa.gov/

SOCIAL AND HEALTH SERVICES (DSHS)

711 Vine Street, Kelso

Customer Service Center (877) 501-2233

(food/medical/public assistance, check on application status)

www.dshs.wa.gov/

STATE PATROL – EMERGENCY CALLS ONLY

Phone (800) 283-7808

www.wsp.wa.gov/

TRAVEL INFORMATION SYSTEM WASHINGTON STATE DEPT. OF TRANSPORTATION

Cathlamet office

Phone (360) 795-3400

For Recorded Travel Info Dial 511

or (800) 695-ROAD (7623)

www.wsdot.wa.gov

HEALTH SERVICES

DENTAL

ABCD / Dental

Phone (360) 442-2834

Eligible for children 0 to 6 with Medicaid who live in Wahkiakum or Cowlitz County.

DR Corey Blankenship DMD

280 2ND St., Cathlamet

Phone (360) 795 3235 Fax (360) 544-0123

Children w/medical coupons accepted; Tues. 8-6, Wed. 8-5, Thurs. 9-4. Lunch from 1-2.

U of W DENTAL CLINIC

At Longview Kaiser

Phone (360)200 3960

Offered every 3 months, Medicaid eligible children and their parents only

FAMILY HEALTH DENTAL

1057 12th Avenue, Longview WA

Phone (360) 414 1300 Fax (360)636-4420

Medicaid / sliding scale and the denture clinic free consults

ENVIRONMENTAL HEALTH

WAHKIAKUM COUNTY HEALTH AND HUMAN SERVICES

64 Main Street, PO BOX 696, Cathlamet, WA 98612 Phone (360) 795-6207 Toll-free (888) 452-0326 Fax (360) 795-6143

www.co.wahkiakum.wa.us

Environmental Health services include food service establishment permits; food handler permits; water testing; site evaluations; septic permits. Call for information. Or email at ehs@co.wahkiakum.wa.us

For food handlers card only www.foodworkercard.wa.gov

EYE CARE

EYECARE AMERICA - GLAUCOMA PROJECT

P. O. Box 429098; San Francisco, CA 94142-9098

Phone (877) 887-6327 Referral Line (800) 391-3937

www.pubserv@aao.org

Public service project of the Foundation of the American Academy of Ophthalmology designed to reduce incidence of undetected glaucoma.

LIONS SIGHT & HEARING COMMITTEE

Assistance with costs associated with eye care and Hearing costs. Applications available at Wahkiakum Health and Human Services. 42 Elochoman Valley Rd, Cathlamet WA 98612 360-795-8630.

AMERICAN CANCER SOCIETY

0330 SW Curry Street, Portland OR 97239 **24-hour Information Line** (800) ACS-2345

www.cancer.org

Patient services include: transportation, support groups, individual patient contact, wigs, as well as the 24-hour cancer information line.

AMERICAN DIABETES ASSOCIATION (Seattle)

2815 Eastlake Ave E. #240, Seattle, WA 98102 Phone (206)282-4616 Or (800) DIABETES

www.diabetes.org

Patient and professional activities, lending library, literature, reference and referral. Year-round youth activities, workshops for adults and children, multi-cultural resources. Annual membership \$24.00. Membership not required to receive other services.

FAMILY HEALTH CENTER, LONGVIEW CLINIC

1057 - 12th Avenue, Longview, WA 98632 Phone (360) 636-3892 Medical Clinic (360) 414-1300 Dental Clinic Fax (360) 636-4420

www.cowlitzfamilyhealth.org

Comprehensive primary medical and preventive health services, after-hours phone advice, medical coupons and sliding fee scale.

Primary dental care including emergency, diagnostic, restorative and specialty referrals. Medical coupons and sliding fee scale.

FAMILY HEALTH CENTER, WAHKIAKUM CLINIC

335 Una Avenue, Cathlamet, WA 98612

Phone (360) 795-3201 After Hrs Emergency Cont (360) 795-3201 Fax (360) 795-3209

www.cowlitzfamilyhealth.org

Primary care for the entire family - newborns to seniors. Management of chronic medical problems, gynecology and urgent medical care. Physicals for DOT/Coast Guard and other places of employment. Minor office procedures. Medical coupons and sliding fee scale.

FREE CLINIC OF SW WASHINGTON

4100 SW Plomondon Street, Vancouver, WA 98661 Phone (360) 313-1390

www.freeclinics.org

For uninsured adults and children in SW Washington. Services available include: medical, dental, vision, and emergency medication assistance.

HIV/AIDS HOTLINE

Washington State Dept. Of Health HIV/ AIDS
Phone (360) 577-0272
Or (800) 272-AIDS
PROJECT INFORM (800) 822-7422
AIDS/HIV Nightline (800) 628-9240

http://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/HIVAIDS.aspx

HIV care and treatment questions addressed. Information on how to live well with HIV/AIDS. Messages can be left and will be returned.

IMMUNIZATIONS AND DISEASE TESTING WAHKIAKUM COUNTY HEALTH DEPARTMENT

64 Main Street; Cathlamet, WA 98612

Phone (360) 795-6207 Toll-free (888) 452-0326 Fax (360) 795-6143

www.co.wahkiakum.wa.us

Immunizations for children and adults: TB testing; HIV and (STD) testing. Fees vary, sliding scale.

KAISER PERMANENTE

Phone (360) 636-2400 Or (800) 813-2000

www.kp.org

PEACEHEALTH / ST. JOHN MEDICAL CENTER

1615 Delaware, Longview, WA 98632

Phone (360) 414-2000

www.peacehealth.org

NASELLE MEDICAL CLINIC

21 North Valley Road, PO Box 188, Naselle, WA 98638

Phone (360) 484-7161 Fax (360) 484-7178

After Hrs Emergency Contact

Ocean Beach Hospital (360) 642-3181

Rural Medical Clinic/Family Practice. Acute and chronic illnesses; urgent care for injuries; women's health; well child exams; immunizations; DOT/Coast Guard physicals; health maintenance screening.

MENTAL HEALTH

WAHKIAKUM COUNTY HEALTH AND HUMAN SERVICES

42 Elochoman Valley Road, Cathlamet, WA 98612

Phone (360) 795-8630 Toll-free (800) 635-5989 Fax (360) 795-6224

www.co.wahkiakum.wa.us

24-hour emergency and crisis services. Individual and family counseling, elder services, case management, consultation education, psychiatric evaluation and medication management. Children's services and onsite school counseling. Domestic violence offender/victim program. Independent living units.

GERIATRIC SUPPORT SERVICES

42 Elochoman Valley Road; Cathlamet, WA 98612

Phone (360) 795-8630 Toll-Free (800) 635-5989 Fax (360) 795-6224

Serving the senior population with assessment, evaluation and referral for services available in Wahkiakum and Cowlitz counties in regard to emotional or physical needs. Crisis support available 24 hours per day.

MENTAL HEALTH ACTIVITY DAY CENTER

The Johnson House

81 Division Street, Cathlamet, WA 98612 Phone (360) 795-8028

Social interaction and support for all interested mental health clients. Clients may bring and work on craft projects. Nutrition and basic computer classes offered. Call for dates and times.

LONGVIEW AREA COUNSELING RESOURCES

CATHOLIC COMMUNITY SERVICES FAMILY CENTER

Phone (360) 577-2200 Toll-free (800) 316-6454

COLUMBIA WELLNESS (formerly Lower Columbia Mental Health Center)

Phone (360) 423-0203 Fax (360) 423-2311 24-hour crisis (888) 649-6734

PEACEHEALTH BEHAVIORAL HEALTH OUTPATIENT

Phone (360) 414-2236 (adult) Or (360) 414-2222 (child)

REPRODUCTIVE HEALTH

WAHKIAKUM COUNTY HEALTH AND HUMAN SERVICES Breast and Cervical health program

64 Main Street, P.O. Box 696; Cathlamet, WA 98612

Phone (360) 795-6207 Toll Free (888) 452-0326 Fax (360) 795-6143

www.co.wahkiakum.wa.us

Pregnancy testing.

BIRTHRIGHT

676 – 26th Avenue, Longview, WA 98632 Phone (360) 423-2900 CRISIS LINE (800) 550-4900

www.birthright.org

Help and options for pregnant women. Pregnancy testing, emotional support, legal, medical, educational, prenatal information, maternity, baby clothes, adoption information. Services are confidential.

BREAST AND CERVICAL HEALTH PROGRAM

P.O. Box 1600, Vancouver, WA 98668

Toll-free 1 800-992-1817 Fax (360) 514-1664

www.doh.wa.gov/WBCHP/

CARING PREGNANCY CENTER

1010 Fir, Longview, WA 98632

Phone (360) 636-3333 Fax (360) 636-1011

Pregnancy testing, English/Spanish counseling, referrals for

adoption if requested, maternity clothes and infant

accessories; prenatal/postnatal education

FAMILY PLANNING

FAMILY HEALTH CENTER WAHKIAKUM CLINIC

355 Una Ave, Cathlamet, WA 98612

Phone (360)795-3201

After hours (360)636-9502

Excepting most insurances, Medicare-Medicaid and uninsured accepted

FAMILY HEALTH CENTER. LONGVIEW CLINIC

1057 12th Avenue, Longview, WA 98632

Phone (360) 636-3892 Fax (360) 414-1342

www.cowlitzfamilyhealth.org

Family planning and women's health exams, Pap smears, sexually-transmitted disease screening/treatment, pregnancy testing/counseling, sterilization counseling/referral, birth control. Sliding fee scale.

FAMILY PLANNING OUTREACH DEPARTMENT OF SOCIAL AND HEALTH SERVICES

711 Vine Street, Kelso, WA 98626

Phone (360) 501-2400 http://fortress.wa.gov/dshs/maa/familyplan/

Help to women and men wanting to access family planning. Medicaid coupon not necessary.

Substance Use Disorder (Chemical Dependency)

SUICIDE HOTLINES

WAHKIAKUM COUNTY HEALTH AND HUMAN SERVICES

42 Elochoman Valley Road, Cathlamet, WA 98612

Phone (360) 795-8630 Toll-free (800) 635-5989 Fax (360) 795-6224

www.co.wahkiakum.wa.us

24-hour emergency and crisis services. Individual and family counseling, elder services, case management, consultation education, psychiatric evaluation and medication management. Children's services and onsite school counseling. Domestic violence offender/victim program. Independent living units.

NATIONAL SUICIDE HOTLINES

Phone (800) 273-TALK Or (800) 273-8255 Toll-Free. Available 24 hours/ 7 days a week.

www.suicidepreventionlifeline.org/

YOUTH SUICIDE PREVENTION PROGRAM

(800) 273-TALK Phone

www.vspp.org

The Youth Suicide Prevention Program seeks to reduce suicide attempts and deaths among Washington State youth by building public awareness, offering training, and supporting communities taking action.

HOLIDAY ASSISTANCE

STARS PROGRAM

Novalee Knopp, Coordinator

Phone (360)431-5232

Christmas gift assistance to needy Wahkiakum County families for their children ages 17 and under. Will begin taking referrals from agencies, community members or families early in November.

WAHKIAKUM COUNTY HEALTH & HUMAN SERVICES, COMMUNITY OUTREACH

42 Elochoman Valley Road, Cathlamet, WA Phone (360) 795-8630 Toll Free (800) 635-5989

Holiday food baskets available in November and December. Contact the office for sign up dates and more information.

HOUSING

WAHKIAKUM COUNTY HEALTH & HUMAN SERVICES, COMMUNITY OUTREACH

42 Elochoman Valley Road, Cathlamet, WA Phone (360) 795-8630 Toll Free (800) 635-5989 Providing short term housing or temporary shelter options, assistance, and referrals to low-income families, elderly, handicapped or disabled individuals in Wahkiakum County.

AMERICAN RED CROSS

Phone (888) 434 1966

COMMUNITY HOUSE ON BROADWAY HOMELESS SHELTER

1105 Broadway, Longview, WA 98632

Phone (360) 425-8679 Fax (360) 425-5949

Temporary housing for homeless individuals and families, meals, emergency clothing, mental health/substance abuse/employment counseling; homeless recovery curriculum dealing with issues of parenting, anger management, selfesteem, and basic living skills. Individualized case management. Individuals under 18 years of age must be accompanied by a parent. Background check on all potential residents. Community House is an alcohol/drug-free and safe environment.

COWLITZE TRIBAL HOUSING AT ST. MARY'S CENTER

St. Mary's Center, 107 Spencer Road, Toledo, WA

Phone (360) 864-8720 Fax (360) 864-8722

HABITAT FOR HUMANITY

Cowlitz Office

PO Box 1451, Lonview, WA 98632

Phone (360) 425-6177

www.cowlitzhabiat.org

A non-profit group whose mission is to eliminate sub-standard housing one family at a time.

Housing Opportunities of South West Washington HOSWWA (formerly Longview Housing Authority (HUD)

1207 Commerce Avenue, Longview, WA 98632 Phone (360) 423-0140 Fax (360) 425-9930

Section 8 housing assistance program for low-income families, elderly and handicapped/disabled individuals in Cowlitz, Wahkiakum and Pacific Counties. Income-eligible applicants will be placed on a waiting list.

LOWER COLUMBIA CAP

1526 Commerce Avenue, Longview, WA 98632 Phone (360) 425-3430 Toll Free (800) 383-2101

www.lowercolumbiacap.org

Supporting families through tough times. Housing, energy assistance, housing rehabilitation and weatherization. Call for information.

LOVE OVERWHELMING

304 Cowlitz Way (360) 749-8056

Kelso, WA 98626

Emergency Shelter, Healthcare for the Homeless, Diversion & Prevention, Outreach & Engagement, Residential Support Services, Transitional Housing, Coordinated Entry and Assessment, Providing Shower Services and Laundry Services for those living on the streets.

CHARLOTTE HOUSE, THE LEGAL ADVOCACY DOMESTIC VIOLENCE SHELTER AND ADVOCATES

PO Box 642, Cathlamet, WA 98612

Phone (360) 795-6401 Fax (360) 795-0806 Toll free (866) 795-9381 24-HR HOTLINE (360) 795-6400

(FOR DV ADVOCATE ON CALL)

www.stjamesfamilycenter.org

Legal advocacy for victims of domestic violence including information, assistance with completing and filing protection orders or restraining orders, and accompaniment to court proceedings. Referrals made to legal services when legal counsel is needed. Medical and sexual assault advocates.

COURT-APPOINTED SPECIAL ADVOCATES (CASA)

922 Fir Street, Longview, WA 98632

Phone (360) 414-5212 Fax (360) 425-6369

www.casaforchildren.org/

Volunteer advocates for a neglected or abused child are appointed by a judge to thoroughly investigate the child's world, talking with everyone who is an important part of the child's life. The volunteer speaks for the child's best interests in court, and will monitor the situation to help make sure that all the child's needs are met. Anyone 21 years or older may apply to become a CASA volunteer by contacting the local CASA office for training.

NORTHWEST JUSTICE PROJECT

CLEAR (Coordinated Legal Education, Advice and Referral)

Phone (888) 201-1014 Phone (Seniors 60+) (888) 387-7111

www.nwjustice.org

Toll free telephone service for low-income people to obtain free legal assistance with civil (non-criminal) problems. Call between 9:15 a.m. and 12:15 p.m. Monday – Friday for screening, information and referral.

LIBRARY

CATHLAMET PUBLIC LIBRARY

100 Main St., Cathlamet, WA 98612

Phone (360) 795-3254 Fax (360) 795-8500 www.townofcathlamet.com/parksrec.shtml

Two-week checkout on books and magazines, one-week checkout on videos and DVD's. Free internet access and inter-library loans. Children's summer reading program.

GRAYS RIVER VALLEY/ JOHNSON PARK LIBRARY

(Old Rosburg School) Rosburg, WA 98643 Phone (360) 465-2775 Events Coordinator (360) 465-2331

Open Monday, Tuesday, Thursday and Friday unless

otherwise scheduled.

LONGVIEW PUBLIC LIBRARY

1600 Louisiana St., Longview, WA 98638

Phone (360) 442-5300

www.longviewlibrary.org

Collection of Longview history literacy services. Public internet available.

TIMBERLAND REGIONAL LIBRARY

4 Parpala Road, Naselle, WA 98638

Phone (360) 484-3877 Fax (360) 484-3445

www.trlib.org

Books, Videos, DVD's, CD's, Audio Cassettes, newspapers and magazines for all ages. Programs and events for children and adults. One-hour computer sessions by reservation. Free wireless internet access during regular open hours.

MULTICULTURAL

COWLITZ INDIAN TRIBE

Administration

1055 9th Ave, Ste B, Longview, WA 98632 Phone (360) 577-8140

Offering health service, tribal housing, Ethnic support, Indian education to Native American's in Cowlitz and Wahkiakum Counties.

ENGLISH AS A SECOND LANGUAGE (ESL) LOWER COLUMBIA COLLEGE

1600 Maple Street, Longview, WA 98632 Phone (360) 442-2580 Fax (360) 442-2589

www.lowercolumbia.edu

ESL classes are designed to teach immigrants reading, writing and speaking. Fees are \$25/quarter, waived for those not working or on TANF.

INTERPRETATION AND TRANSLATION SERVICES ETHNIC SUPPORT COUNCIL

311 Oak Street, Kelso, WA 98626

Phone (360) 636-2791

www.ethnicsupportcouncil.org

Assistance for non-English speaking residents in medical, educational, mental health, job training situations, and referrals to local service agencies. Advocacy, cultural education and services to help refugees and immigrants with resettlement. **Spanish-speaking staff** is available at all times. The following languages are available by appointment: Albanian, Cambodian, Chinese, Dutch, Finnish, Flemish, German, Hungarian, Italian, Norwegian, Polish, Russian, Swedish, Tagalog, and. Vietnamese.

PETS/ ANIMAL WELFARE

LOST PET HOTLINE: (360) 425-7000

ANIMAL HEALTH CARE AND MANAGEMENT WSU EXTENSION

25 River Street, Suite E, Cathlamet, WA 98612 Phone (360) 795-3278

www.wahkiakum.wsu.edu

Information and education on topics related to animal science (health, feeding/nutrition, general care); insect identification and control; pest identification and control; pesticide training and licensing; animal damage control; vertebrate pest control (ground squirrels, gophers, snakes, etc). Most programs are free or very low cost. Extension publications are free through the county Extension office; newsletters are free or small annual subscription fee.

COUNTRY PET VETERINARY CLINIC

300 Parpala Rd., Naselle, WA 98638

Phone (360) 484-7228 Toll-free (888) 452-0326

info@countrypetvet.com

COWLITZ ANIMAL CLINIC

763 Commerce, Longview WA 98632

Phone (360) 425-6440

LOWER COLUMBIA VETERINARY CLINIC

940 14TH Ave, Longview, WA 98612

Phone (360) 636-1801

DISEASES TRANSMITTED BY ANIMALS WAHKIAKUM COUNTY HEALTH AND HUMAN SERVICES

64 Main Street, Cathlamet, WA 98612

Phone (360) 795-6207 Toll-free 1 888-452-0326 Fax (360) 795-6143

www.co.wahkiakum.wa.us

Information, referral and follow-up on animal-transmitted diseases; bat, cat and dog bite exposures; rabies consultation, testing and referral; Hanta virus/rodent education. \$50.00 state lab bat testing fee.

HUMANE SOCIETY OF COWLITZ COUNTY AND ANIMAL CONTROL CENTER

909 Columbia Blvd., Longview, WA 98632 Phone (360) 577-0151 Fax (360) 414-0520

www.cowlitzhumane.com

Dog bite prevention education, spay/neuter assistance program, pet adoption, lost and found pet service, pets as therapy and animal-assisted visitation activities, shelter tours. Pet adoption fees - \$85.00 for cats and \$115.00 for dogs.

VCA OCEAN BEACH ANIMAL HOSPITAL

4011 Ocean Beach Hwy, Longview, WA 98632Phone(360) 423-4069Or(360) 200-4201Toll-free(800) 822-7387

RECREATION

WAHKIAKUM CO. AREA

COUNTY LINE PARK

SR 4 between Wahkiakum and Cowlitz County

Phone (360) 577-3030

www.co.cowlitz.wa.us/publicworks/parks/countylinepark.htm

Day use and overnight park on the "county line" between Wahkiakum and Cowlitz Counties on the Columbia River.

ELOCHOMAN SLOUGH MARINA

500 2nd Street, Cathlamet, WA 98612

Phone (360) 795-3501 Fax (360) 795-3378

www.cathlametmarina.org/

Boat moorage, marine fuel dock. Moorage fees: permanent and transient moorage

Camping: Full hookups, dry camping for tents and RV's. Restrooms and showers. Closed Sundays year round.



Elochoman slough marina

ERICKSON CITY PARK

603 Columbia Street, Cathlamet, WA 98612 Phone (360) 795-3203 Fax (360) 795-8500

www.townofcathlamet.com/

Covered picnic area, running water, electrical outlets, barbeques, horseshoe pits, tennis court, basketball court, play equipment and swings. Park available for picnics, family reunions, class reunions, etc. Check with City Hall at 795-3203 for availability and fees

FRIENDS OF SKAMOKAWA/ RIVER LIFE INTERPRETIVE CENTER

REDMAN HALL

1394 SR 4 West, Skamokawa, WA 98647 Phone (360) 795-3007 Fax (360) 795-8119

www.redmenhall.blogspot.com/

National historic site, 1894 schoolhouse with bell tower, affords full view of Lower Columbia River from Skamokawa to Astoria on Lewis and Clark Trail. Historic/cultural exhibits and lectures on the Lower Columbia region. Bookshop; arts and crafts for sale. Open Thursday –Sunday, noon – 4.

GRAYS RIVER VALLEY/ JOHNSON PARK FACILITY

(Old Rosburg School) Rosburg, WA 98643 Phone (360) 465-2310

Open Tuesday- Saturday noon -5pm. Call or check location calendar for available times for the following:

Library / Computer Lab TOPS Meetings Aerobics Classes Free Movie Night on Friday Sewing Group

JULIA BUTLER HANSEN SWIMMING POOL

Next to Wahkiakum High School, Cathlamet, WA 98612 Phone (360) 795-6515

Summer swimming lessons for children, water exercises, open swim, late night swimming and lap swimming. Open summer months. Closed all Sundays, holidays and local event days such as Bald Eagle Day and the County Fair. Call 795-6515 for more information on schedules and fees.

SKAMOKAWA VISTA PARK

13 Vista Park Road, Skamokawa, WA 98647 Phone (360) 795-8605

www.skamokawavistapark.org

Yurts and tent and RV campsites. Restrooms, showers, fire pits. Family picnic facilities, tennis courts, baseball field, boat ramp. 7 a.m. to dusk all year. Reservations recommended

especially during summer months and holidays. Seven-day camping limit.

WAHKIAKUM COUNTY HISTORICAL SOCIETY MUSEUM

65 River Street, Cathlamet, WA 98612

Phone Carry Kandoll Curator (360) 849-4353
Museum featuring early day Wahkiakum farming, logging and fishing artifacts. Gift shop. Memberships available. Call for days and times. Admission: \$3.00 for adults, Children are free, and Seniors \$1.50.



Wahkiakum County Historical Society Museum

ASTORIA AREA

AQUATIC CENTER

1997 Marine Drive, Astoria

Phone (503) 325-7027

MARITIME MUSEUM

1792 Marine Dr Astoria, OR 97103

Phone (503) 325-2323

The Columbia River Maritime Museum of maritime history located about ten miles from the mouth of the Columbia River in Astoria, Oregon.

SEASIDE SKATE 'N RIDE PARK (SKATEBOARDS, BIKES, SCOOTERS, ETC.)

Behind Sunset Pool on Broadway, Seaside Phone (503) 738-3311

MOVIE THEATERS

Astoria Gateway Cinemas, 1875 Marine Drive, Astoria Phone (503) 338-6575

Columbian Theater, 1102 Marine Drive, Astoria Phone (503) 325-3516

LONGVIEW AREA

LONGVIEW THEATERS

Columbia Theatre, 1544 12th Ave, Longview, WA 98632

Phone (360) 575-8499

Regal Three Rivers Mall, 1301 Grade Street, Kelso, WA 98626

Toll Free (800) 326-3264

Kelso Theatre Pub

214 S. Pacific Ave. Kelso. WA 98626

Phone (360)414-9451

LONGVIEW PARKS AND RECREATION DEPARTMENT

2920 Douglas Street, Longview, WA 98632 Phone (360) 442-5400

www.mylongview.com/parks rec/

Programs for preschool, youth, teens, families, adults and senior adults: Sporting events and leagues, arts and crafts, dance, special events, cultural activities, music, educational

programs, exercise, fitness, technology, language and enrichment. Pre-registration is required for most classes by calling 442-5400 8-5 Monday-Friday.

Programs for developmentally disabled adults and children: Adult therapeutic program ages 18 and over, Saturday afternoon social club at Elks Lodge, 2121 Kessler Blvd., Longview. Call 442-5400 for information, 8-5 Monday-Friday. Special Olympics for developmentally disabled children and adults. Call 442-5400 for information, 8-5 Monday-Friday.

Facility Rentals: Indoor and outdoor. Commercial, private and non-profit rates.

YMCA OF SOUTHWEST WASHINGTON

766 - 15th Avenue, Longview, WA 98632-7446 Phone (360) 423-4770 Fax (360) 423-4777

www.ymca.net/yprofile/

Open 7 days a week; call for hours of operation. Programs and facilities include health and fitness, aquatics, camping, family, child care, community development, sports. Programs for families and teens. Membership fees apply.

RECYCLING/ DONATION AND WASTE DISPOSAL

WAHKIAKUM COUNTY PUBLIC WORKS DEPARTMENT

64 Main Street, Cathlamet, WA

Phone (360) 795-3301 Fax (360) 795-0342 Recycling Information (800) RECYCLE

www.co.wahkiakum.wa.us

Recycling containers are located at the Fire Hall on Puget Island, near the Skamokawa Fire Hall, Wahkiakum High School parking lot and the Solid Waste Transfer Facility on KM. Materials accepted are cardboard, mixed paper, plastics marked 1 and 2, aluminum and tin cans. Receptacles for used motor oil located at the KM facility and near Cathlamet Chevron.

KM facility transfer station hours: Thursdays and Saturdays, 8 a.m. - 4 p.m. Green and white glass, aluminum

and tin cans, mixed papers and 1PET and 1HDPE plastics accepted. Bicycles, water heaters, household appliances with doors removed, barrels with 1 end cut off, empty/lidless paint and chemical containers and motor oil also accepted. No brush, lumber, gas or propane tanks, car bodies, asbestos, dead animals or batteries.

Household hazardous waste: Waste Control Third Avenue Transfer Station, 1150 3rd Avenue, Longview, 9:30–11:30 a.m. Tuesdays and Saturdays.

For Holiday Hours Call 360-425-4302.

For recorded information call 577-3126.

In Wahkiakum County an annual hazardous waste collection day is held each spring on a Saturday morning.

VEHICLE DONATION PROCESSING CENTER

626 S. Primrose Avenue; Monrovia, CA 91016-3434 Toll-free 1 800 553-3018

Donate your running or non-running vehicle to charity.

Someone will pick it up from your location. Must have vehicle title; tires must be inflated. Donor makes arrangements with transport company for pick-up of vehicle.

VEHICLE DONATION CENTER

Toll Free 1 800 576-2956

Free pickup; tax deduction. Will pick up vehicles, running or not. Donations to charity of real estate, lots, boats, RV's and more accepted.

SENIOR SERVICES

AARP -- AMERICAN ASSOCIATION OF RETIRED PERSONS

Phone 1 888 OUR-AARP

LOWER COLUMBIA CHAPTER #609

Phone (360) 636-9946

www.aarp.org

For health care reform or opinion www.healthactionnow.org
To enrich the process of aging for each individual member and society as a whole, AARP focuses on issues of health and wellness, economic security and work, long-term care,

independent living and personal enrichment. Education and information, opportunities for service and community involvement, wide range of services, products and discounts to members 50 years of age and over. National chapter dues \$12.50 per year; local chapter \$4.00 per year.

CATHOLIC COMMUNITY SERVICES - VOLUNTEER CHORE

626 26th Avenue, Longview, WA 98632

Phone (360) 577-2200 Toll Free (888) 649-6734 Fax (360) 577-2205

www.catholiccommunityservices.com

Volunteer transportation, housekeeping, laundry, shopping assistance, meal preparation, yard work, minor household repairs and counseling. Services are free of charge to low income elderly and disabled adults who qualify. Service is statewide and provided by volunteers. Hours: Mon - Fri: 8:00 a.m. to 4:30 p.m.

EYECARE AMERICA SENIOR EYE CARE PROJECT

P.O. Box 429098, San Francisco, CA 94142-9098 Phone (800)222-3937 (Intake)

Fax (415) 561-8567 Business (877) 887-6327

www.eyecareamerica.org

Medical eye care for financially disadvantaged seniors. Volunteer ophthalmologists bill Medicare and private health insurances. Fees for examination and treatment are waived up to one year. Qualification determined over the telephone. Must be age 65+; citizenship or legal residency; and not recently seen by an ophthalmologist in the last three years. Eyeglasses, prescriptions, hospital services and fees of other medical professionals not covered. Referral letter mailed to client. Non-profit.

HOME AND COMMUNITY SERVICES (HCS)

711 Vine Street, Kelso, WA 98626

Phone (360) 501-2500

Toll Free (800) 605-7322 Fax (360) 578-4106

www.dshs.wa.gov

Comprehensive assessment, adult protective services, nursing home placement/case management, adult family home placement/case management, congregate care facility placement, COPES (Community Options Program Entry System), Medicaid personal care, chore services.

ADULT PROTECTIVE SERVICES:

Phone (360) 501-2500
Toll Free 1 800-605-7322
LONG-TERM CARE OMBUDSMAN PROGRAM
MULTI-SERVICE CENTER

P.O. Box 23699, Federal Way, WA 98093-0699 Hotline 1 800 562-6028 Fax 1 253 815-8173

www.multi-servicecenter.com

Advocacy for the rights of residents in long-term care facilities. No fees. Call the hotline for resolving questions or concerns about nursing homes, assisted living homes and adult family homes. Non-profit.

LOWER COLUMBIA COMMUNITY ACTION COUNCIL (CAP)

1526 Commerce Avenue, Longview, WA 98632 Phone (360) 425-3430 Fax (360) 414-8974

www.lowercolumbiacap.org

"ARE YOU O.K.?" -- "R.U.O.K.?"

Volunteers call shut-ins (seniors and physically challenged persons living alone without a support system) at the same time each day, seven days a week. If the client does not answer, the volunteer calls back in 15 minutes a second and third time. If the client does not answer by the third call, the volunteer calls the "contact person(s)" provided by the client for emergencies. If the emergency contact cannot be reached, a police officer is sent to the client's home to check on the client. (360) 425-3430 EXT 240 & 259

Home-delivered meals (cap)

Delivery of frozen meals to homebound Wahkiakum clients at least 60 years of age who meet criteria for vulnerability. Special dietary needs can be met most of the time. Donation of \$3.00 per meal is suggested. Authorization is made through Senior Information and Assistance at (360) 577-4929, then referred to CAP Nutrition Program to start delivery. This service is also available to the general public at \$3 per meal with over 30 entrees to choose from.

In-home care (cap)

Service for physically-challenged persons over 18 years of age and seniors who need in-home services to enable them to live at home. Services include personal care, bathing, toileting, cooking, respite care, and household chores. Fee depends on income. Weekend care available with supervisory personnel.

Long-term care ombudsmen (cap)

Volunteer ombudsmen investigate concerns from nursing home residents or others on their behalf relating to rights, services and benefits, mediate disputes between residents and health care providers, staff and advocate for the consumer when their rights have been violated or are not receiving proper care or assistance. No fees. Thirty hours of training offered free of charge twice a year to volunteers. Mileage reimbursement. Anyone who has not worked in a nursing facility within three years can become a volunteer ombudsman. State Ombudsman 1-800-562-6028.

Respite care (cap)

Time off for caregivers who have the responsibility of continuous care for a spouse, relative or friend. This time off can be either planned or provided on an emergency basis. Fees depend on income level. Respite can be provided to any eligible person over the age of 18 in Cowlitz or Wahkiakum Counties. Evening care as well as some Saturdays and Sundays provided, depending on availability of workers.

Retired and senior volunteer program (rsvp)

Assists senior citizens 60 years old and older find meaningful volunteer opportunities in Wahkiakum and Cowlitz Counties, including becoming a Statewide Health Insurance Advisor (SHIBA), installing wheelchair ramps and independent living devices, giving rides to medical appointments for Medicaid recipients, Project Warmup (knitting and crocheting), etc. Call to find out how to fill a need -- and find your niche!

Senior lunches (cap): Cathlamet and Rosburg

Hot lunches to seniors 60 years of age and up in a community meal setting at two sites. Spouses under age 60 are welcome. Suggested

donation \$3.00 per meal. Call for reservations a day ahead. Lunch served at noon every Thursday at the Rosburg Hall and every Thursday in Cathlamet at the Congregational Church, 3rd and Maple.

Senior transportation (cap)

Door-to-door van transportation for seniors to Longview. Individual trips to medical appointments on weekdays. No fees for those over 60. Donations accepted. Call 24 hours ahead.

Scheduled van trips: Cathlamet/ Skamokawa: Every first Wednesday, pickup about 9 a.m., arrive Longview about 10. Return trip: Leave Fred Meyer at 2 p.m., arrive home approximately 3 p.m. Rosburg: Every first Wednesday, pickup about 8:30 a.m., arrive Longview about 10:30. Return trip: Leave Longview at 2 p.m., arrive home approximately 3:30.

AREA AGENCY ON AGING AND DISABILITIES SOUTHWEST WASHINGTON

305 S. Pacific Suite B, Kelso, WA 98626

Phone (360) 501-8362

Or (360) 795-8630 Ex 128

Or (360) 577-4929 Toll free (800) 682-2406 Fax (360) 577-5905

www.helpingelders.org

AAADSW is a public service agency solely dedicated to helping persons aged 60 and over, adults with disabilities access needed community services. Personal Emergency Response Systems. AAADSW directly provides specialized services through Senior Information & Assistance.

LONGVIEW COMMUNITY HOME HEALTH & HOSPICE

1035 11th Av, Longview, WA 98632

Phone (360)425-8510 Phone (800) 378-8510

Home care private duty, home health, hospice and grief support services.

STATE HEALTH INSURANCE BENEFITS ADVISORS (SHIBA)

1526 Commerce Avenue, Longview, WA 98632

Phone (360) 425-3430 Ext. 304

Fax (360) 414-8974

www.insurance.wa.gov

State SHIBA Helpline 1 800 562-6900

Trained volunteers assist seniors and others with health care issues such as saving money, making sense of confusing information, making better choices about coverage, and helping consumers understand their rights and options regarding health insurance, prescription drugs, government programs, and more. No charge for these services.

WEDNESDAY SENIOR LUNCH BUNCH

Rosburg Community Hall at 28 Rosburg Hall Road (Altoona – Pillar Rock Road, just before the bridge) Rosburg, WA 98647

Food and fellowship for anyone 50 and over in the Rosburg, Grays River and Naselle areas. Nutritious home-style meal served every Wednesday at noon. Suggested donation is \$4.00 per person. Call to make a reservation 360-4265-2370

SPECIAL NEEDS

WAHKIAKUM COUNTY HEALTH AND HUMAN SERVICES DEVELOPMENTAL DISABILITIES

42 Elochoman Valley Road, Cathlamet, WA 98612

Phone (360) 795-8630 Toll-free 1(800) 635-5989 Fax (360) 795-6224

www.co.wahkiakum.wa.us/directory.htm

Services for people with development disabilities including children from birth to age three: Supportive and assessment services provided to families with infants, usually under contract to The Progress Center.

Supported Employment: Services aimed at encouraging individuals to seek and hold work. These services include assessment of job necessary skills, career and employment explorations, on-the-job training, job development and placement, job coaching and support

Elochoman Valley Partners, LLC: A limited liability corporation, formed in partnership between clients of Wahkiakum Health & Human Services. The company was formed to create job opportunities for community members.

ARC OF COWLITZ VALLEY

600 Royal St., Ste. A, Kelso, WA 98626

Phone (360) 425-5494 Fax (360) 425-3264

www.cowlitzarc.org

Social services to children and adults with disabilities and their families, educational support to parents and informal counseling to families in crisis. Guardianship for individuals when no other resource can be identified, and referrals to local attorneys and assistance for parents wishing to become their own child's guardian. Assistance with housing, food, financial resources, and accessing medical/dental/mental health services. Children and adults must have a developmental disability (or be attending a special education program) to qualify.

DIVISION OF DEVELOPMENTAL DISABILITIES WASHINGTON STATE DEPT. OF SOCIAL & HEALTH SERVICES

711 Vine, Kelso, WA 98626

Phone (360) 501-2520 Fax (360) 577-5435 Administrative office 1 800 339-8227

www.dshs.wa.gov/ddd/index/shtml

Division of Developmental Disabilities (DDD) is part of DSHS' Aging and Disability Services Administration (ADSA). DDD assists individuals with developmental disabilities and their families to obtain services and supports based on individual preferences, capabilities and needs. For more information, call the number above or review the website.

OFFICE OF THE DEAF AND HARD OF HEARING WASHINGTON ST. DEPT. OF SOCIAL & HEALTH SERVICES

P.O. Box 45301, Olympia, WA 98504-5301

Phone 1 800 422-7930 Voice/TTY

Fax (360) 902-0855

http://odhh.dshs.wa.gov or www.washingtonrelay.com

Services to people who are deaf, hard of hearing, deaf-blind and speech disabled. Information, referral and advocacy, assistive technology, sign language interpreter management, etc. Telecommunication Equipment Distribution (TED) program enables independent telephone use. Washington State residents age 4 or older may apply for a telecommunication and a signaling device. No income restrictions for TED. Sliding scale fees apply.

PAVE (Parents Are Vital in Education)

6316 South 12th Street, Tacoma, WA 98465
Phone (253) 565- 2266
Fax (253) 566-8052
In-state toll free: 1-800-5-PARENT

www.wapave.org

Parent Training Project: Training and support to parents in Washington State whose children have special learning needs. Various workshops on how to obtain appropriate services in the public school system. One-to-one training and information for parents (1-800-5-PARENT v/tty.).

WASHINGTON ASSISTIVE TECHNOLOGY ACT PROGRAM

Phone 1 800 214-8731 (V) Phone 1 206-616-3980 (TTY)

www.watap.org

"WATAP" is located within the U of W Center for Technology and Disabilities Studies and serves Washington residents of all ages with disabilities of all types, their families, employers and employment service providers, educators, health care and social service providers, and others seeking information about assistive technology (AT) and accessible information technology. Short-term loans of AT devices and AT loans to access modifications to homes and vehicles are available. "Telework" loans are available for equipment needed by employees and entrepreneurs with disabilities who choose to work from home or other "telework" locations. Long-term rentals of closed circuit TV magnifiers are available also.

WASHINGTON STATE DEPT. OF SERVICES FOR THE BLIND

2214 E. 13th Street, Suite 208, Vancouver, WA 98661-4120 Phone 1 800-552-7103

www.wssb.wa.gov

Free vocational rehabilitation services to assist blind and/or visually impaired individuals to become employed or return to active employment. Child and family and independent living programs.

WASHINGTON STATE SCHOOL FOR THE DEAF

611 Grand Blvd., Vancouver, WA 98661

Phone (360) 696-6525 V/TTY Toll Free 1 800-613-4228 V/TTY

FAX 360-696-6291

www.wsd.wa.gov

Academic programs for early childhood education through grade 12th, ages 3-21. Support services include psychological counseling and vocational education. Residential living, outreach, exchange program for public schools, day program. Recreation programs for residents and day students.

WASHINGTON TALKING BOOK & BRAILLE LIBRARY

2021 - 9th Avenue, Seattle, WA 98121-2783 Toll-free 1-800-542-0866

www.wtbbl.org

Free library service to individuals who are unable to read regular print due to vision loss or a physical or reading disability.

SUBSTANCE USE DISORDER SERVICES

WAHKIAKUM COUNTY HEALTH & HUMAN SERVICES

64 Main Street, P.O. Box 696; Cathlamet, WA 98612 Phone (360) 795-6207 Fax (360) 795-6143 Toll Free (888) 452-0326

www.co.wahkiakum.wa.us

Services include specializing in court ordered and DUI treatment, ADATSA assessments and inpatient referrals, youth treatment, self-referred, family counseling Information School (ADIS), Safe and confidential individual and group counsel sessions.

AL-ANON

Longview/ Kelso (360) 423-2520

www.al-anon.org

To help families and friends of alcoholics recover from the effects of living with the problem drinking/drugs.

ALCOHOLICS ANONYMOUS

Wahkiakum Co. (360) 795-8630 <u>www.aa.org</u> (800) 635-5989

Membership open to anyone and is a self-supporting, apolitical, nondenominational, multi-racial, no age or educational requirements support group. Call for meeting times.

NARCOTICS ANONYMOUS: Rebels in Recovery

Cathlamet Chevron RV Park

For information call (360) 795-8452 Open to anyone, changed to Daytime meetings.

TOBACCO QUIT LINE

Phone (800) QUIT-NOW

www.quitline.com

SUPPORT GROUPS

ALZHEIMER'S DISEASE SUPPORT GROUPS ALZHEIMER'S ASSOCIATION OF SOUTHWEST WASHINGTON

Phone 1 800-848-7097

www.alzwa.org

Wahkiakum County: Anyone interested in a group may call (360) 465-2370 (evenings).

Longview/Kelso: Day Group: 1st Tuesday of month, 10 a.m., Canterbury Gardens, 1457 3rd Ave., Longview - (360) 423-2200

Evening Group:_3rd Monday of month, 6:30 to 8 p.m. at St. Stephens Episcopal Church, 1428 22nd Avenue, Longview

Bereavement support

To assist people who have lost a love

To assist people who have lost a loved one move toward resolution of their grief.

BEREAVEMENT SUPPORT

AARP

Meets the 2nd Friday and 3rd Saturday at 1 p.m. at Delaware Plaza, 926 Delaware St., Longview Phone (360) 423-3333

COMMUNITY HOME HEALTH & HOSPICE

1035 11th Avenue, Longview, WA 98632

Adult Groups: Daytime: 1st & 3rd Mondays, 1-2:30 p.m. Nadene Matthews (360) 414-5465 Evenings: 1st and 3rd Mondays, 6:30-8:30 p.m. Linda Erickson (360) 414-5462 **Teen Group (ages 13-19)** 2nd & 4th Mondays, 6:30-7:30 p.m.; Tamara Thiessen (360) 414- 5481

Children's Group (ages 6-12): For information call Jennie Murphy (360) 414-5419

"Two Years and Over" Grief Group: Every 2nd Monday from 6:30-8:30 p.m. (enter through Hospice Care Center) Contact Linda Erickson, 414-5462

ST. JOHN MEDICAL CENTER, Spiritual Care Department Bi-monthly, 4 to 5 week sessions. Call Elizabeth Meharg, (360) 414-7575, for schedule and information.

CANCER SUPPORT

"I UNDERSTAND" (Breast Cancer)

Women's Health Pavilion, 1660 Delaware St. Longview, WA 98632 Phone (360) 414-2707

Women with breast cancer can meet with others who share their experience and gain information and support as they work to get well and stay well. The format provides a full-spectrum of information about breast cancer in an informal atmosphere of mutual support and sharing. Meets monthly at the Women's Health Pavilion on the 4th Monday of the month at 6:30 p.m. For more information, call (360) 414-2707.

"LEARNING TO LIVE WITH CANCER"

PeaceHealth Longview, WA Phone (360) 414-7860 or (360) 414-7878 Fax (360) 414-7876

www.peacehealth.org

Structured group education program of the American Cancer Society for adult cancer patients, their family members and friends. Information about cancer, treatment and side effects and psychosocial aspects. Call above numbers for schedules. "Look Good Feel Better" and "Reach to Recovery" also offered; call above number for schedules.

NEW HOPE CANCER RECOVERY

Father's House

1315 Commerce Avenue, Longview, WA 98632 Phone (360) 425-7978

Support group for individuals and their families suffering from all types of cancer. Joint group for men and women meets at 6:30 p.m. on the 2nd Monday of each month. Contact leader Kim Walters at (360) 425-7978 for location information.

DRUNK DRIVING VICTIMS

MOTHERS AGAINST DRUNK DRIVING (M.A.D.D.)

P.O. Box 441, Longview, WA 98632

Phone (206) 734-3205 Fax (360) 501-4857

www.wa.state@madd.org

Support group for victims of drunk driving crashes and their families. The group provides victim assistance and emotional support. Victim advocate Marilynn LaBerge at 360 425-3500

FIBROMYALGIA SUPPORT

2912 Ammons Drive, Longview, WA 98632

www.fibromyalgia.com

Information, education and support for people and family members with fibromyalgia. Call (360) 423-7543 for information on monthly meetings.

MULTIPLE SCLEROSIS SUPPORT

NATIONAL MULTIPLE SCLEROSIS SOCIETY

GREATER WASHINGTON CHAPTER

192 Nickerson Street, Suite 100, Seattle, WA 98109

Phone 1-800-344-4867

www.nationalmssociety.org

Support groups, equipment assistance, counseling services, information and referral, education workshops and advocacy.

PARENTING SUPPORT

ST. JAMES FAMILY CENTER

1134 Columbia Street, Cathlamet WA 98612 Phone (360) 795-8612 Fax (360) 795-6027

www.stjamesfamilycenter.org

Weekly play groups available for parents with at least one child 0-5 years of age, see below:

Cathlamet and Westend play groups.

PARKINSON'S SUPPORT GROUP

Canterbury Inn, 1324 – 3rd Avenue, Longview, WA 98632 Phone (360) 425-7947

www.parkinsonshope.com

Monthly meetings provide opportunities to speak freely, ask questions, seek suggestions and get education and information about latest research. Meets every third Wednesday at 1:30 p.m.

TRANSPORTATION

"WAHKIAKUM ON THE MOVE"

42 Elochoman Valley Road, Cathlamet, WA 98612 Phone (360) 795-3101 Toll Free 1 800 795-3101

www.co.wahkiakum.wa.us.

Bus service available to all residents from youth to seniors at both ends of the county. Service Monday-Friday. Call for current schedules, locations and times. Call 795-3101 or 1 888 795-3101 for current schedules and information.

COMMUNITY URBAN BUS SERVICE (CUBS)

Transit Center 1135 - 12th Avenue, Longview, WA 98632 Phone (360) 442-5663

www.cubs-bus.com

Community Urban Bus System (CUBS) offers public transportation within the Longview-Kelso city limits. Five routes leave the Transit Center every hour on the hour. All routes operate 7 a.m. to 7 p.m. Monday-Friday. Some Saturday routes, 8 a.m. to 6 p.m. No service Sundays or major holidays. Bus schedules and information available by contacting the office or in the front of the Longview area Dex telephone directory.

CUBS Paratransit: Transportation for the disabled unable to use the fixed route buses. Advanced certification of disability required in order to use paratransit service.

HUMAN SERVICE COUNCIL 'RESERVE A RIDE'

201 NE 73rd Street, Suite 101Vancouver, WA98665 Phone 1 800 752-9422, Option 4

The Reserve-A-Ride program provides transportation options to individuals living in Clark County, Cowlitz County, and Wahkiakum County where public transportation is not available.

FERRY Wahkiakum

WAHKIAKUM COUNTY PUBLIC WORKS DEPARTMENT

64 Main Street St., Cathlamet, WA 98612 Phone (360) 795-3301 Fax (360) 795-0342

www.co.wahkiakum.wa.us

Transportation on the last ferry on the Lower Columbia River, between Puget Island, Washington and Westport, Oregon.

Single trip fares:

Passenger cars, pickups and tractors under 20 feet \$5.00 Passengers in motor vehicles FREE; Foot passengers over age 12 only, \$1.00

Bicycle \$2.00

Motorcycle, \$3.00; motorcycle with trailer, \$4.00

Trailers under 20 feet, \$4.00; each additional 5 feet or fraction thereof, \$2.00

Trucks, motor homes, etc. under 25 feet: \$10.00; each add 5 feet or fraction thereof, \$5

Buses \$20.00

Frequent traveler tickets available, no expiration date: 22 trips \$50.00; 44 trips \$100.00

Schedule:

Leaves Puget Island every hour on the hour, first run at 5:00 a.m.; last run 10:00 p.m. Return trip leaves Westport every quarter past the hour, from 5:15 a.m. to 10:15 p.m.

MEDICAID TRANSPORTATION BROKERAGE HUMAN SERVICES COUNCIL

P.O. Box 425; Vancouver, WA 98666-0425 Toll Free 1 800-752-9422 Fax (360) 694-1446

www.hsc-wa.org

Wahkiakum County Medicaid recipients may receive transportation assistance through gas vouchers, mileage reimbursement, bus tickets, volunteers or paratransit services to medical appointments with physicians, dentists, outpatient hospitals, inpatient hospitals and urgent care clinics. Medicaid recipients may call the above toll-free number Monday-Friday, 8 a.m. to 5 p.m., for eligibility and transportation arrangements. Call at least three full working days before a scheduled medical appointment.

RADIATION THERAPY VAN ST. JOHN MEDICAL CENTER

Longview, WA 98632 Phone (360) 636-4841

The radiation therapy van provides rides to scheduled radiation therapy appointments five days a week. No fees but donations are accepted. After initial treatment consultation, transportation arrangements may be made through Radiation Therapy at (360) 636-4841.

<u>UTILITIES</u> WAHKIAKUM PUD

42 River St, PO Box 248 Cathlamet Phone (360) 795-3266

TELEPHONE / TV / INTERNET CENTURY LINK

Phone (800) 201-4099

WAHKIAKUM WEST - Telephone/TV/ Internet

19 Miller Point Road, Rosburg, WA 98643 Phone (360) 465-2211 Telephone Phone (360) 465-2100 TV

COMCAST CABLE

Phone (800) 934-6489

WATER / SEWER

CITY OF CATHLAMET

100 Main St Cathlamet Phone (360) 795-3203

VETERAN SERVICES

COWLITZ VALLEY VFW POST 1045

Service Office

4307 Ocean Beach Hwy, Longview, WA 98632 Phone (360) 577-6757

Providing services to all veterans, and their dependents and survivors.

VETERANS' RELIEF FUND

25 River St, Cathlamet WA 98612

Phone (360) 795-3852 Phone (360) 795-3066

In accordance with Washington State law, Wahkiakum County has a fund for needy veterans. This fund provides for emergency needs.

VETERAN SERVICE OFFICE

25 River Street Cathlamet, WA 98612

Phone (360) 795-3852

Located in the WSU extension office. Obtain records, claims and referrals. Vets helping vets. Open Thursday from 10 AM to 2 PM. Please leave a message.

YOUTH AND YOUNG ADULT SERVICES

BOY SCOUTS OF AMERICA

1339 Commerce Avenue, Suite 114, Longview, WA 98632 Phone (360) 423-6960

www.cpcbsa.org

The Boy Scouts of America has several programs. Cub Scouts is open to all boys' grades 1-5. Boy Scouts is for boys ages 11-18. Effective January 1, 2010, all other programs will have a \$15 annual national registration fee. Call for the name of the leader in your area.

BUILDERS CLUB

John C. Thomas Middle School, Cathlamet, WA 98612 Phone (360) 795-3261

www.buildersclub.org/

Middle and junior high school students serving children and the community by participating in community service projects. Membership open to middle school students. Builders Club is sponsored by Kiwanis.

CAMP FIRE USA - LOWER COLUMBIA COUNCIL

388 Salmon Creek Road, Toledo, WA 98591 Phone (360) 864-4259 Fax (360) 864-6874

www.campsingingwind.org

After-school clubs targeting K-12. Co-educational. Meetings throughout the year. Supervised day and overnight camps, trip and travel programs. Age appropriate youth, teen and family clubs.

4-H/YOUTH DEVELOPMENT

WSU EXTENSION

25 River Street Suite E, Cathlamet, WA 98612 Phone (360) 795-3278

www.wahkiakum.wsu.edu

Informal life skills youth development in a variety of programs including animal science (horses, dogs, cats, beef, dairy, rabbits, etc); family living; natural resources; creative arts and performing arts; leadership and citizenship; aerospace and rocketry; mechanical sciences, etc. Activities provided through 4-H clubs lead by 4-H volunteers. Minimal cost to join; no charge to income-qualifying families. Interested adults wanting to lead and teach youth are being recruited. 4-H volunteers receive training, leader and member publications along with access to state, regional, and national resources and training. Application, screening, and training required.

GIRL SCOUTS OF WESTERN WASHINGTON

Southern Counties Regional Office

1655 Hudson Street #4, Longview, WA 98632-2910

Phone (360) 423-3800 Fax (360) 423-7714

www.girlscoutsww.org

For girls ages 5–17. Field trips, sports skill-building clinics, community service projects, cultural exchanges and environmental stewardships. Each troop sets troop dues which are in addition to national dues. Women and men interested in volunteering in a variety of capacities are encouraged to contact the Longview office at 423-3800.

KEY CLUB

Wahkiakum High School, Cathlamet, WA 98612 Phone (360) 795-3271

www.keyclub.org/

High school students serving children and the community by participating in community service projects. Membership open to high school students. Key Club is sponsored by Kiwanis.

LONGVIEW GOODWILL INDUSTRIES

WIA Youth of Cowlitz and Wahkiakum Counties 1030 15th Ave Suite 300, Longview WA 98632 Phone (360)501 8340

Programs for youth ages 16 to 21 helping to continue your education, prepare for a career, and go to college or training to get a job.

WAHKIAKUM YOUTH BASEBALL

Cathlamet, WA 98612

Cal Ripkin baseball programs for boys and girls ages 5-12. Fees apply. For registration and further information call

Phone (360) 795-0075

WAHKIAKUM COUNTY SEARCH & RESCUE

Wahkiakum County Sheriff's office

Phone (360) 795 3242

Contact Bill Tawater at the Sheriff's office for additional information and requirements.

YOUTH ADVENTURE PROGRAM ST. JAMES FAMILY CENTER

1134 Columbia Street, Cathlamet, WA 98612 Phone (360) 795-8612 Fax (360) 795-6027

www.stjamesfamilycenter.org

Summer youth recreation and education sessions, taught by community volunteers. Free or low charge. Low-income assistance available. For more information or to volunteer to teach a class, call 795-8612.

WAHKIAKUM HEALTH & HUMAN SERVICES

WAHKIAKUM COUNTY HEALTH & HUMAN SERVICES

42 Elochoman Valley Road, Cathlamet, WA and

64 Main St, PO Box 696 Cathlamet WA,

Elochoman campus (360) 795-8630
Toll Free (800) 635-5989
Health Department (360) 795-6207
Toll free (888) 452-0326

Offering the following services:

Chemical Dependency
Community Outreach
Developmental Disabilities
Domestic Violence
Elochoman Valley Partners
Environmental Health
Family Planning Services
Food Establishment Permits

Food Worker Permits
Immunization
Lab Test / Water
Made in Wahkiakum
Mental Health
Public Health Department
Vital records
Wahkiakum on the Move
WIC Program

NOTES



This guide is proudly sponsored and produced by Wahkiakum Health and Human Services. Donations to Health and Human Services can be made at anyone of our offices or mailed to Health and Human Services 42 Elochoman Valley Rd. Cathlamet WA 98612.

"Caring and Working Toward a Healthier Community"

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